Transformation Stories

CHRIST
COMMUNITY
CHAPEL

My Transformation Journey – Steve

After officially joining Christ Community Chapel last year, I was approached by a staff member asking how he could help me get more involved in the church, he asked what I was looking for. I told him, "I just want to meet and interact with more people who are chasing after Christ." He told me about ReGen. He said it was self improvement meets the Bible. Prior to coming to Christ I was really into self improvement, but had gotten away from it, preferring to deepen my faith. It sounded interesting so I decided to show up.

The first ReGen meeting was a bit of a shock for me. I recall thinking, "I'm not struggling with any outward addiction, why am I here?" Trusting God, I stuck with it through the first six weeks (called groundworks). I had every intention of completing the six weeks, then finding something else. Over the course of the first six weeks, it became apparent to me that while I didn't have any outward addictions, I still struggled with some of the same root causes of addiction. Our first memory verse was Romans 7:18. Paul writes, "For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out." We are all broken, all in need of a savior and a deeper relationship with Christ.

During my first conversation with the staff member, he told me my life would change, he said he didn't know how, but if I stuck with it – I'd see God move in my life. I learned so much about the truth of the Bible; what it says about what God thinks of me and the rhythm of the Christian life. God showed up in ways I could have never imagined and taught me that through obedience to Him, he can he so faithful, providing freedom through His grace. Not only have I seen change in myself, but He has also used me through my obedience to set in motion action in others, towards mending broken relationships and bringing others closer to Christ.

If you're someone who.....

- Desires a closer relationship with God, this class is for you.
- Struggles with consistency in practicing your faith, this class is for you.
- Hears people talk about having an intimate relationship with Christ, but you don't know how to get there, this class is for you.
- Is carrying the burden of your past, this class is for you.
- Wants to be in a room with other men running towards Christ, this class is for you.
- Has questions or doubts about your faith, this class is for you.
- Needs accountability to get outside your comfort zone, this class is for you.
- Doesn't think God wants to use you to further His kingdom, this class is for you.
- Desires to be more of the man God has called you to be, this class is for you.

My Transformation Journey – Amanda

I've experienced first-hand the power of God's transforming grace through the re:generation program. My hope is that my journey will encourage anyone feeling stuck, searching for hope, or longing for a more intimate relationship with Jesus.

My introduction to re:gen came at the lowest, darkest time in my life. I was buried in the guilt and shame from my divorce, I had just been in a bad car accident and was experiencing some troubling times at work. I felt alone, depressed, and didn't really know where to turn. I tried every traditional form of therapy, but I just couldn't get out from under a terrible dark cloud. I began attending CCC Sunday services just a couple of months prior to finding re:gen. And it was like God knew exactly what I needed at exactly the right time. He dropped re:gen right in my lap one Sunday when the church announced the program starting just a few weeks from then.

I walked into that first session completely uncertain about what the re:gen program really was. I felt a little out of place, wondering if I really belonged—was my struggle "big enough" to be here? The format was unfamiliar, and hearing people speak openly about their pain was uncomfortable at first. Yet, there was also something refreshing about the honesty in the room—no masks, no judgement, just a group of people admitting their need for God. While skeptical, I was also oddly hopeful that maybe God could meet me here, too.

As I journeyed through re:gen, my perspective shifted. The curriculum pushed me to get real with God, with myself, and with my small group. Step by step, I learned to bring my struggles – guilt, shame, anger, anxiety, control – into the light. One of the most powerful moments was admitting out loud to others the things I had always kept hidden, believing they made me unlovable. Instead of rejection, I was met with compassion and understanding.

Through re:gen, I discovered God's love is not just a theory; it's experienced in the context of honest confession, surrender, and community. I started to recognize the lies I believed about myself and began to replace them with God's truth. My guilt, shame, and anxiety didn't magically disappear, but their grip loosened as I learned to trust Jesus with every part of my story. I went from feeling isolated and ashamed to walking in greater freedom, hope, and peace. The biggest transformation wasn't just in my behavior, but in my heart—a deeper confidence in God's love and a willingness to let Him lead my life.

I wholeheartedly recommend re:gen to anyone seeking deeper intimacy with God, no matter the struggle. Re:gen isn't about fixing one kind of problem—it's about bringing everything into the light and letting Jesus transform us from the inside out. Whether you're battling addiction, anxiety, anger, or simply longing for more freedom and peace, re:gen creates a space to be known, loved, and changed by God. It's not just for those at the end of their rope; it's for anyone hungry for real, lasting growth.

I am deeply grateful I took that first hesitant step into re:gen. God used this journey to heal places in me I didn't know were broken and to draw me closer to Him. If anyone is longing for hope, healing, or a revived relationship with Jesus, take heart – God delights in meeting us where we are and rewriting our stories. Re:gen was the tool He used in my life, and I believe He can do the same for everyone.

My Transformation Journey – Ellen

I decided to do regen because I didn't feel like I had a good relationship with Jesus. I was going to church and serving but on my own I had no desire to pray or read my Bible. I didn't trust God and I didn't believe that he loved me or cared for me. Because I didn't love myself. I believed that the gospel was for everyone but me. And if I'm really honest I went to regen because I wanted to bargain with God; if I did the work on myself to get closer to Him then he would give me what I want, a husband.

Coming in to regen I was a bitter, hard-hearted, sarcastic person. I complained about a lot, especially my job. I was living a hypocritical life, pretending to be a Christian.

At first I was unsure if regen would really work but I wanted to commit to the process. I set aside time at night to do the work and be with God. Step 4 was really when things started to shift the most for me. I was able to uncover idols in my life that I had not seen before. Patterns of sin in my life that needed to be prayed over and given to God. In group I was able to see that others had very similar thought processes and felt like I did. I was able to connect to others and God in new ways and really grew in my trust and started to truly believe how loved I am.

Now that I have finished regen I can see a year of transformation. The Lord has softened my heart; I am kinder, more loving to others and am not as bitter as I was. I have found purpose in my job, seeing it as my ministry to Jesus to care for others. I am trusting in the Lord more and depending on his faithfulness. Finding contentment (for the most part) in my singleness, and not seeing marriage as an idol but as a gift for God that will come in him time. I am still a work in progress, as regen is just the beginning but I can see that God has been molding me to become more like him and will continue to do so.



CHRIST
COMMUNITY
CHAPEL